



Weekly Devotion

A Fat Soul

"The Lord will not suffer the soul of the righteous to famish, but he casts away the substance of the wicked." Proverbs 10:3

It has been said that you and I are a soul within a body. The world is only concerned with the wants of the body, so people neglect the wants of the soul. But Christians understand that death is the portal where the soul passes into eternity. It is because of this that they deny the appetites of the body (the flesh) and instead feed the soul with the nutrients that are pleasing to God – integrity, humility, self-control, fear of the Lord, wisdom, understanding, and discretion.

The soul, like the body, lives by what it feeds on. -Joshia Gilbert Holland

A Christian path through this fleshly life pre-

pare them for their eternal life. It's as if we are in basic training and upon our death, our soul is released into the eternal realm, a realm beyond time. A realm created and prepared by our Sovereign God exclusively for those who have overcome death through His Son, our High Priest, Jesus Christ.

As faith walkers, we seek the things from above to feed our soul with the nutrients it needs to grow into what God requires of us. Without that spiritual food, we cannot grow closer to God, nor can we know Him the way He wants us to. While gluttony of the flesh is harmful to our body and well-being, gluttony of the soul carries us closer to God as we feast on His Word.

We feed ourselves on the Word of God by receiving It with our ears in Church, by studying the

Word with our eyes and taking notes with our hands, by sharing It with others using our mouth, by reflecting and meditating on the Word with our mind, and by remembering the Word with our heart so It is always with us.

If you're a Christian, seek after godly virtues, and be assured that God will not withhold them if you cry out for them. He will not allow the soul of the righteous to famish, so do what Scripture says to "let your soul delight itself in fatness." *Isaiah 55:2*. Maintain the health of your body, and begin feeding your soul today.

Question: As a Christian, how have I neglected my soul? What can I do to feed godly virtues in my life?

Dennis Dean
Pleasant Grove Baptist Church

THE ILLUSTRATED BIBLE

Biblische Geschichte, Germany (1859)

Joseph also went up from Galilee, out of the city of Nazareth, into Judea, to the city of David, which is called Bethlehem, because he was of the house an lineage of David, to be registered with Mary, his betrothed wife, who was with child. So it was, that while they were there, the days were completed for her to be delivered. And she brought forth her firstborn Son, and wrapped Him in swaddling clothes, and laid Him in a manger because there was no room for them in the inn. LUKE 2:4-7

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"Your Soul is the power and core of who you are. Feed it well"



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